

AREA ECHO



Work at the Country School
Here is Miss Black helping
David and Jack read.
How is the big girl helping
Miss Black?

August 2025

*We're looking forward to seeing you August
18 at Heritage Ranch*

Judi Oehler, ECHO Newsletter Chair

President's Message

Our first meeting is just weeks away and the AREA Board has been working hard to plan this year's meetings and activities! **Pat Hill** will be sending you the invitation to **reserve a meal for our August 18th** meeting through Constant Contact on August 1st! You're definitely going to want to mark that date on your calendar now so you don't forget to respond immediately!! And, why would that be sooo important?? Because you're not going to want to miss seeing your friends again and....I'm pretty sure our entertainment will be amazing!!

Performing on August 18th for AREA will be none other than **VMX - Vocal Majority, a select group of 8 members of Vocal Majority!!** You don't want to miss it!! So, mark August 1st on your calendars to watch for the email from Pat Hill and Constant Contact to secure your seat and meal for our first meeting on August 18th!!

Can't wait to see you all there!!

Always,
Donna

Luncheon/Meetings:

11:00 (meet/greet 10:30)

Heritage Ranch, 465
Scenic Ranch Circle,
Fairview

August 18, 2025 Focus on Success in Retirement

VMX/Vocal Majority – Musical Program

September 15, 2025 Focus on Success through Senior Care

Bonita Plested – Senior Care

October 20, 2025 Focus on Success through Warm Memories

Betty Matthews – History of Quilts

November 10, 2025 Focus on Success by Helping Others

Silent/Live Auction for TRTF

December 8, 2025 Focus on Success during the Holidays

Performance by Class Act Tap Company

January 19, 2026 Focus on Success to be Secure

Gary Schepf – Preventative Steps for Cyberworld Fraud

February 16, 2026 Focus on Success with Future Leaders

AISD Robotics Team & AISD Future Teachers/IPET/PET

March 16, 2026 Focus on Success with Fur Babies

Pet Rescue – Sheryl Harlow

April 20, 2026 Focus on Success through Preventive Care

Leia's Kids – Leia Hunt

May 18, 2026 Focus on Success and Celebrate!

Scholarship Award Winners Introduced, Awards,

Celebrate AREA's 25th Birthday

AREA Luncheons 2025-2026

The cost of lunch this year at Heritage Ranch will be \$23.00. This increase will be effective from August, 2025 – May, 2026. Just a reminder that the lunch at HR includes a plated meal, tea, coffee, and a tip. Members will be asked to pay \$23.00 when paying with cash or by check. If you choose to pay by credit or debit card, there will be a \$1.00 service fee for any transaction for a total meal cost of \$24.00.

AREA OFFICERS



President
Donna Jones
4046 Cobblers Lane
Dallas, TX 75287
214/228/8287
dkjones812@gmail.com



First Vice President
Denise Jones
1523 Balboa Ln
Allen, TX 75002
972/679/8806
ddjones7175@yahoo.com



Second Vice President
Patricia Gear
5913 Wilford Drive
McKinney, TX 75070
972/948/0648
patricia.gear@yahoo.com



Third Vice President
Donna Laster
1512 Bethlehem Road
Allen, TX 75002
214/335/8524
donnalaster55@gmail.com



Secretary
Patti Frair
1710 Lancaster Gate
Allen, TX 75013
214/455/0266
patti_f@sbcglobal.net

Treasurer
Karen Malinowsky
805 W Concord Lane
Allen, TX 75002
214/384/8647
karenmalinowsky@gmail.com



Parliamentarian
Carolyn Bones
1303 Merion Court
Fairview, TX 75069
972/549/1000
candgbones@grandecom.net



Historian
Carol Olsin
623 Albroom Drive
Allen, TX 75002
214/335/7302
colsin@att.net



Past President
Cindy Blair
2808 Claude White Creek
McKinney, TX 75071
469/408/4260
cindy_blair@sbcglobal.net



AREA Standing Committee Chairs, Activity Hosts 2025-2026

| Committee/Activity | 25-26 Chair |
|------------------------|-----------------------------|
| Book Club (Activity) | Valerie Lapp/Barbara Lye |
| Book Project | Patricia Gear |
| Communications | Patricia Gear |
| Newcomers (Activity) | Maroba Zoeller/Trish Jarboe |
| IPET-PET | Denise Jones |
| Outings (Activity) | Judith Fishman |
| Telephone | Judith Fishman |
| Audit/Technology | Mary Helen Cornish |
| Awards | Donna Jones |
| Constant Contact | Pat Hill/Cindy Blair |
| Courtesy | Valerie Lapp |
| Directory | Patti Frair |
| Finance | Karen Malinowsky |
| Healthy Living | Cindy Blair |
| Informative/Protective | Cindy Reese |
| Legislative | Nancy Lessner |

*Want to volunteer? Contact
These officers or chairs:*

| | |
|------------------------|---------------------------|
| Nominating | Cindy Blair |
| Member Benefits | Marian Chrisman |
| Membership | Denise Jones |
| Scholarship | Carole Smithwick |
| Volunteer Services | Denise Jones |
| Newsletter | Judi Oehler |
| Photography | Marshall Friedman |
| Lunch Bunch (Activity) | Carolyn Bones/Carol Olsin |
| Programs | Donna Laster |
| Retirement Ed | Vicki Brookshire |
| Social | Carole Smithwick |
| Social Media | Minetta Smith |
| Standing Rules | Carolyn Bones |
| TRTF | Nancy Hodson |
| Volunteer Data | Linda Wood |

AREA Standing Committee Chairs/Activity Hosts/Officers 2025-2026

| Committee/Activity <small>**Participants Needed</small> | Chair/Host | Email | Phone |
|--|------------------------------|--|----------------------------------|
| Audit Committee | Mary Helen Cornish | cornishtx@sbcglobal.net | (214) 208-3372 |
| <i>The Chair sets the date and time for the annual audit and names the committee members.</i> | | | |
| Awards/President | Donna Jones | dkjones812@gmail.com | (214) 228-8298 |
| <i>The Chair (President) shares annual award list with the executive board and makes selections.</i> | | | |
| Book Club (Activity)** | Barbara Lye Valerie Lapp | barblye71@gmail.com valerielapp77@gmail.com | (972) 345-3618 (469) 682-3889 |
| <i>The Host organizes the group and sets meeting date and times.</i> | | | |
| Book Project**/2nd VP/Communications | Patricia Gear | patricia.gear@yahoo.com | (972) 948-0648 |
| <i>The Chair (2nd VP) organizes Children's Book Project. The Chair shares pertinent information with the media.</i> | | | |
| Constant Contact | Pat Hill Cindy Blair | pat.hill@att.net cindy_blair@sbcglobal.net | (214) 215-2563 (469) 408-4260 |
| <i>The Chair schedules monthly email messages online so that members can make a reservation for the monthly luncheon.</i> | | | |
| Courtesy** | Valerie Lapp | valerielapp77@gmail.com | (469) 682-3889 |
| <i>The Chair will send get well and sympathy cards and schedule members to assist with the prayer, pledges, brags, etc.</i> | | | |
| Directory** | Patti Frair | patti_f@sbcglobal.net | (214) 455-0266 |
| <i>The Chair gathers member information and creates a yearly directory.</i> | | | |
| Finance/Treasurer | Karen Malinowsky | karenmalinowsky@gmail.com | (214) 384-8647 |
| <i>The Chair (Treasurer) maintains all financial records.</i> | | | |
| Healthy Living | Cindy Blair | cindy_blair@sbcglobal.net | (469) 408-4260 |
| <i>The Chair informs members of various health-related issues/healthy ways of living.</i> | | | |
| Historian | Carol Olsin | colsin@att.net | (214) 335-7302 |
| <i>The Historian gathers materials to create the biennial memory book.</i> | | | |
| Informative/Protective Services | Cindy Reese | cindy2reese@gmail.com | (972) 489-0525 |
| <i>The Chair provides information pertinent to current scams, senior discounts/services.</i> | | | |
| IPET-PET** (Future Teachers) | Denise Jones | ddjones7175@yahoo.com | (972) 679-8806 |
| <i>The Chair mentors students through two annual workshops & supports IPET-PET students at Allen High School.</i> | | | |
| Legislative** | Nancy Lessner | lessnern@att.net | (972) 800-0647 |
| <i>The Chair communicates and informs members of TRTA priorities, as well as local and state elections.</i> | | | |
| Lunch Bunch (Activity)** | Carolyn Bones Carol Olsin | candgbones@grandecom.net colsin@att.net | (915) 526-7798 (214) 335-7302 |
| <i>The Host sets meeting date and times to meet for lunch.</i> | | | |

| | | | |
|--|-----------------|---------------------------|----------------|
| Member Benefits | Marian Chrisman | marianchrisman7@gmail.com | (214) 675-2900 |
| <i>The Chair provides members with information/updates in regards to TRTA member benefits.</i> | | | |
| Membership/1st VP/Vol Services | Denise Jones | ddjones7175@yahoo.com | (972) 679-8806 |

The Chair (1st VP) works on membership retention/recruiting and shares any community requests for volunteers.

| | | | |
|------------------------|--------------------------------|--|----------------------------------|
| Newcomers (Activity)** | Trish Jarboe Maroba Zoeller | trishjarboe@hotmail.com zoellermaroba@gmail.com | (214) 336-5943 (214) 878-0184 |
|------------------------|--------------------------------|--|----------------------------------|

The Host schedules informative get-togethers for members who have been in AREA two years or less.

| | | | |
|------------|-------------|-----------------------|----------------|
| Newsletter | Judi Oehler | judi.oehler@gmail.com | (214) 733-3380 |
|------------|-------------|-----------------------|----------------|

The Chair will gather information from Committee Chairs, Hosts and Officers to include in the bimonthly newsletter.

| | | | |
|---------------------------|-------------|---------------------------|----------------|
| Nominating/Past President | Cindy Blair | cindy_blair@sbcglobal.net | (469) 408-4260 |
|---------------------------|-------------|---------------------------|----------------|

The Chair (Past President) appoints a committee every two years to select a proposed slate of officers.

| | | | |
|----------------------|----------------|---------------------------|----------------|
| Outings (Activity)** | Judith Fishman | judithfishman36@gmail.com | (814) 404-3898 |
|----------------------|----------------|---------------------------|----------------|

The Host plans fun, entertaining and/or informative outings for members of AREA.

| | | | |
|-------------|-------------------|-----------------------------|----------------|
| Photography | Marshall Friedman | marshallfriedman2@gmail.com | (214) 212-1411 |
|-------------|-------------------|-----------------------------|----------------|

The Chair will take pictures at monthly meetings to be shared with the Historian, Newsletter Chair and Social Media Chair.

| | | | |
|-----------------|--------------|-------------------------|----------------|
| Programs/3rd VP | Donna Laster | donnalaster55@gmail.com | (214) 335-8524 |
|-----------------|--------------|-------------------------|----------------|

The Chair (3rd Vice President) works with the executive board to choose/schedule programs for the upcoming year.

| | | | |
|----------------------|------------------|---------------------------|----------------|
| Retirement Education | Vicki Brookshire | brookshirevicki@gmail.com | (214) 551-5700 |
|----------------------|------------------|---------------------------|----------------|

The Chair coordinates the retirement seminar with TRTA's online meetings.

| | | | |
|---------------|------------------|---------------------------|----------------|
| Scholarship** | Carole Smithwick | smithwickcarole@gmail.com | (469) 585-3862 |
|---------------|------------------|---------------------------|----------------|

The Chair coordinates fund raising for AREA scholarships to future teachers.

| | | | |
|-----------|-------------|-----------------------|----------------|
| Secretary | Patti Frair | patti_f@sbcglobal.net | (214) 455-0266 |
|-----------|-------------|-----------------------|----------------|

The Secretary takes minutes at executive board meetings and regular monthly meetings.

| | | | |
|----------|------------------|---------------------------|----------------|
| Social** | Carole Smithwick | smithwickcarole@gmail.com | (469) 585-3862 |
|----------|------------------|---------------------------|----------------|

The Chair coordinates the table decorations, cake and door prizes in August/December/May.

| | | | |
|--------------|---------------|--------------------------|----------------|
| Social Media | Minetta Smith | msbooklady@sbcglobal.net | (214) 773-2405 |
|--------------|---------------|--------------------------|----------------|

The Chair will post items related to AREA on Facebook.

| | | | |
|--------------------------------|---------------|--------------------------|----------------|
| Standing Rules/Parliamentarian | Carolyn Bones | candgbones@grandecom.net | (915) 526-7798 |
|--------------------------------|---------------|--------------------------|----------------|

The Chair (Parliamentarian) makes sure that AREA adheres to the TRTA Bylaws and District 10 and AREA's Standing Rules.

| | | | |
|------------|--------------------|-------------------------|----------------|
| Technology | Mary Helen Cornish | cornishtx@sbcglobal.net | (214) 208-3372 |
|------------|--------------------|-------------------------|----------------|

The Chair will be responsible for helping officers/chairs/members with technology.

| | | | |
|-----------|----------------|---------------------------|----------------|
| Telephone | Judith Fishman | judithfishman36@gmail.com | (814) 404-3898 |
|-----------|----------------|---------------------------|----------------|

The Chair will be responsible for calling members without access to technology.

| | | | |
|------|--------------|------------------------|----------------|
| TRTF | Nancy Hodson | nancyrhodson@gmail.com | (214) 755-2755 |
|------|--------------|------------------------|----------------|

The Chair will be responsible for providing information about the TRTA Foundation and coordinating the November Program.

| | | | |
|----------------|------------|---------------------|----------------|
| Volunteer Data | Linda Wood | mousblu@hotmail.com | (972) 849-5648 |
|----------------|------------|---------------------|----------------|

The Chair records hours of service submitted by members each month.



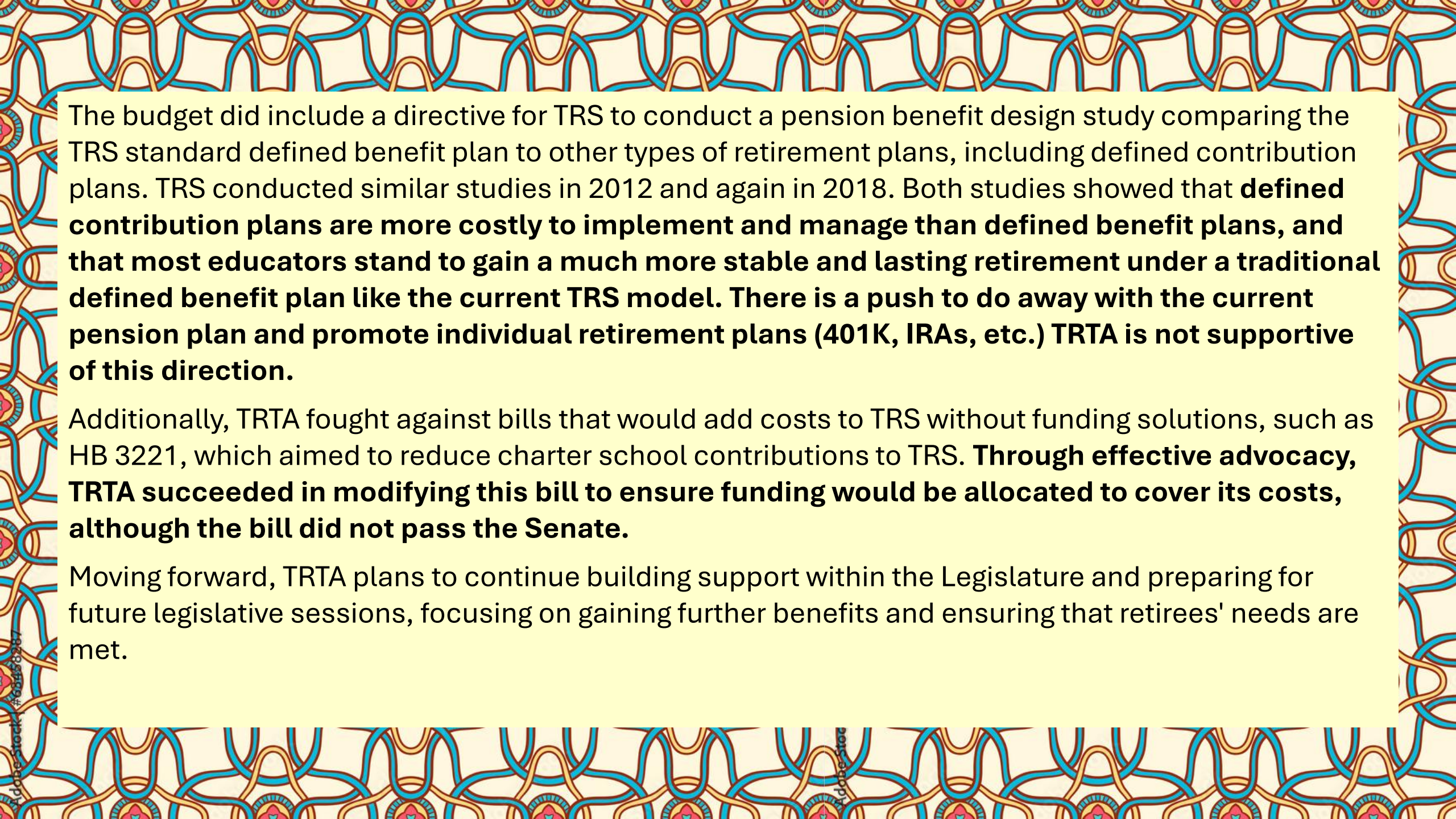
Nancy Lessner
Legislative Committee Chair
972-800-0647

Legislative Update - A summary of the 89th session is below with concerns for your future.

The 89th Texas Legislative Session has ended, leaving many retirees hoping for further benefit enhancements. The Texas Retired Teachers Association (TRTA) had expected a difficult session, with a focus on education savings accounts (vouchers) rather than retiree benefits. Although **TRTA worked hard to protect and improve benefits, the session didn't result in additional funding for retirees.** This year's focus shifted primarily to active education issues, such as school vouchers. The TRTA advocated for full funding of the Teacher Retirement System (TRS) pension and health insurance plans, urging the state to use budget surpluses to reduce unfunded liabilities. **However, no significant benefit enhancements or reductions in TRS liabilities were made.**

While the state budget included full funding for TRS contributions, the passing of HB 2, a major education reform bill, and SB 3, concerning school vouchers, **negatively impacted the TRS**, extending its projected funding period by eight years and pushing the system out of actuarial soundness.

This delay means retirees cannot receive cost-of-living increases until the system returns to actuarial soundness (under 31 years).



The budget did include a directive for TRS to conduct a pension benefit design study comparing the TRS standard defined benefit plan to other types of retirement plans, including defined contribution plans. TRS conducted similar studies in 2012 and again in 2018. Both studies showed that **defined contribution plans are more costly to implement and manage than defined benefit plans, and that most educators stand to gain a much more stable and lasting retirement under a traditional defined benefit plan like the current TRS model. There is a push to do away with the current pension plan and promote individual retirement plans (401K, IRAs, etc.) TRTA is not supportive of this direction.**

Additionally, TRTA fought against bills that would add costs to TRS without funding solutions, such as HB 3221, which aimed to reduce charter school contributions to TRS. **Through effective advocacy, TRTA succeeded in modifying this bill to ensure funding would be allocated to cover its costs, although the bill did not pass the Senate.**

Moving forward, TRTA plans to continue building support within the Legislature and preparing for future legislative sessions, focusing on gaining further benefits and ensuring that retirees' needs are met.

AREA SERVICE PROJECTS

ALL COMMUNITY OUTREACH SUPPORT

In December, DONATE gift cards from retail shops and restaurants to help disadvantaged Collin County families. Gift cards are distributed by All Community Outreach (ACO).

SCHOLARSHIP PROJECT

PARTICIPATE in fundraising activities in January/February to help provide scholarships to two Allen High School graduating seniors who plan to major in Education.

Throughout the year Memorials in honor of AREA members can also be donated. The Scholarship Committee works with the Foundation of Allen Schools.

Never underestimate the difference you can make in the lives of others. Step forward, reach out, and help. Reach out to someone that might need a lift.

Pablo

FILL THE BUS

In August we DONATED school supplies to All Community Outreach (ACO). Supplies were distributed to students in need.

CHILDREN'S BOOK PROJECT

Donate books or money in early Fall and Spring to support this project. Students at a designated school each year receive a personal book. Members are welcome to join the Book Project Committee to help.

TEXAS RETIRED TEACHER FOUNDATION (TRTF)

CONTRIBUTE in November to support the Texas Retired Teacher Foundation. TRTF provides *financial assistance for critical-need retirees* (teachers and school personnel); *assists first year teachers* by paying certification testing costs and helps outfit classrooms, and gives *public school teachers grants* to develop special classroom projects. The Legacy Program develops factual *resource materials about defined benefit pension plans* and the value of the Teacher Retirement System in Texas. Contributions are tax deductible.

Scholarship Committee

Please give gift cards, certificates, raffle items & make plans to be there!

AREA members, our **2026 GAME DAY** is just six months away, so mark you calendar now and remind your friends, **Monday, February 23, 2026**. . Everyone is encouraged to support GAME DAY by donating door prizes, raffle items or cash. **Gather up you unused gift cards** and unwanted items that might be some else's treasurer. If you have a **favorite local vendor**, they might be willing to support AREA with gift certificates.

We would love to have you **join our Scholarship Committee**, helping us to plan and organize another successful event. Only **one committee meeting** will be scheduled in the Fall. Tickets will be available at our November, December and January meetings.

Carole Smithwick

smithwickcarole@gmail.com

ECHO August 2025 – Constant Contact, registering for meetings

Our first communications will go out on July 30th as a reminder of the August 1st invitation. Here are some tips to ensure you will receive your emails:

If you are receiving your invitations on an iPhone or iPad, make sure you have your mail setting on "list" and not "category."

To check your setting in your mail app, click on the three dots at the top right of the screen. Make sure the "list" is selected. All the emails will be in one list and not sorted separately. If Apple does an upgrade in its operating system, it may reset this to "categories"; check to make sure it is still on "list."


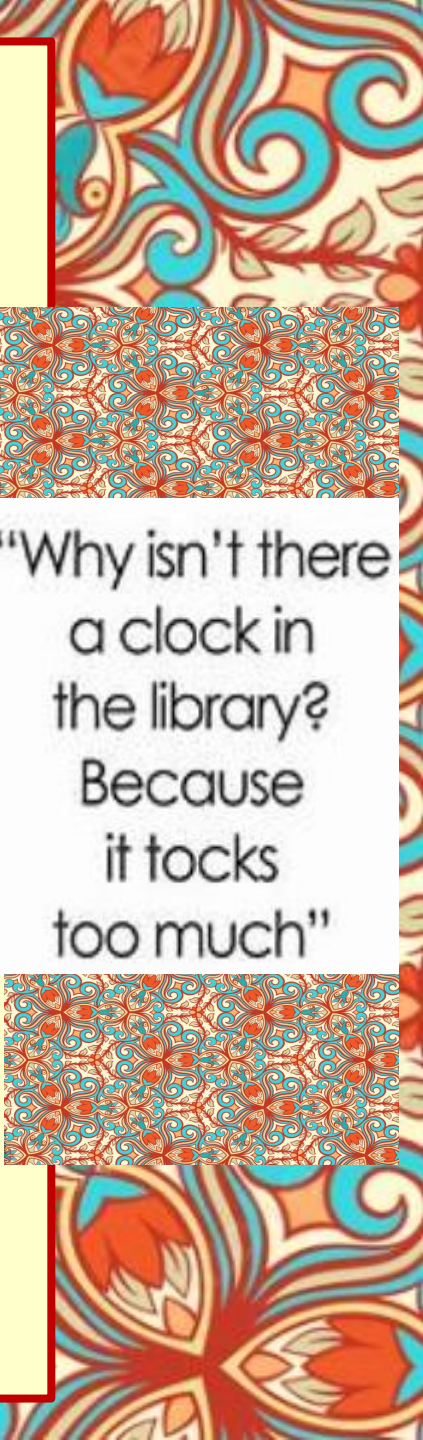
If you are using webmail with G-mail, make sure you have it set on "all". G-mail also sorts into categories. Go into your setting or check several folders like "social" or "promotions" to find the Constant Contact emails.

If you have a new email address, do not just enter it into Constant Contact when you register. This action will not guarantee you receive your invitation at the new address.

Send your new address to Karen Malinowsky who will make changes in the data base.

Also, guests are always welcome! To register a guest, don't just forward your invitation to your guest; be sure to register her online through your name.

Pat Hill, Constant Contact Chair
pat.hill@att.net



"Why isn't there
a clock in
the library?
Because
it ticks
too much"

Have a fun photo to share?

Send a favorite high school, elementary, middle school photo or teaching photo- and we'll include in a future ECHO.

Have fun with this! Include your name, the date and school. If you have a particular memory you'd like to share – send it too!
judi.oehler@gmail.com



David: "Why did the broom get a poor grade in school?"

Dan: "I don't know. Why?"

David: "Because it was always sweeping during class!"

AREA on FACEBOOK

Recap and pictures of our meetings can be found on our Facebook page. Various announcements are posted there too. So, join us and LIKE Allen Retired Educators Association on Facebook.
Minetta Smith



Coming Soon - Save the Date!

History of Quilts Program & Member Quilt Fair

October 20 Meeting

All Members are invited to participate!

Choose your favorite quilt,
complete and return the **Quilt Description**
at Aug/Sep meetings,
bring your quilt to the **October** meeting to
display ... enjoy!

Member Quilt Participation & Description
handouts are available at meetings and
attached in the newsletter
so it can be printed at home and returned to the
meeting,

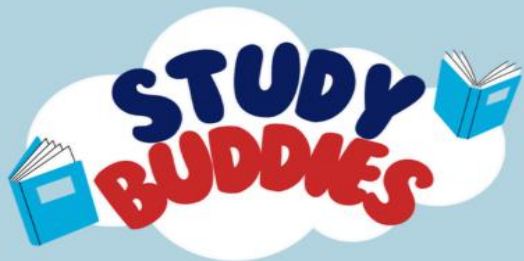
Contact: Donna Laster, 214-335-
8524, donnalaster55@gmail.com

...forms are at end of the ECHO for you to Print.



Rady to Inspire? Become a Study Buddy Today!

Provide one-on-one reading support to students for 30–45 minutes each week, from late September through April. Your passion for kids and background in education would be a true blessing to many of our students. Volunteers receive training in August and September and must be approved for the 2025–2026 school year. Study Buddies say their favorite part is the connection with their student and witnessing their growth.



This is a great opportunity to support the Allen community by helping young readers grow in skill and confidence. Your time and enthusiasm can make a lasting impact—no teaching experience needed, just a heart for kids!

Volunteer Impact

- Boosts Reading Skills & Confidence in our students
- Encourages a Love for Reading
- Provides Positive Mentorship
- Strengthens Community and Volunteer Impact
- Supports Teachers & Enhances Learning

Schools

- Boyd Elementary
- Reed Elementary
- Story Elementary
- Chandler Elementary
- Green Elementary
- Vaughan Elementary



*An effort made for
the happiness of others
lifts us above ourselves.*

**SIGN UP
TODAY!**



Questions?

Contact Ashley Crowson at
ashley.crowson@allenisd.org

A WELL READ
WOMAN
IS A
DANGEROUS
CREATURE.



AREA Book Club

This summer, AREA Book Club met and had a new member join. July 9th, we met at Matt's in Allen; Nancy Lessner involved us in a discussion of Counting Miracles. On Wednesday **August 13**, please join us as we vote on four to five new books for this fall. We will dine at Olive Garden on 190 E. Stacy Rd. Bldg. 3100 in Allen at 11:30 AM. Bring ideas for future good reads. For more info email barblye71@gmail.com or valerielapp77@gmail.com ,cochairs of AREA Book Club.

Fall is around the corner and it's not too soon to be thinking of hosting a basket for the **November TRTF Auction!**

It is lovely to sponsor one on your own if you have a special talent or idea, but you can also form a small group to sponsor a larger basket.

TRTF AUCTION – NOVEMBER

Start thinking of ideas and considering what you can contribute. Let's make this the best year yet for our fundraiser!

Nancy Hodson

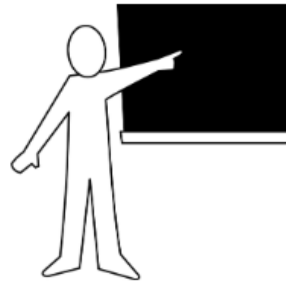


- ❖ **Beginning Teacher Scholarships** for first-year educators
- ❖ **Classroom Assistance Grants** for current educators to assist with classroom projects
- ❖ **"A Helping Hand"** for retired school personnel who need financial assistance
- ❖ **Disaster Relief Fund** for retirees and active educators struggling financially after natural disasters in Texas
- ❖ **The Legacy Campaign** to promote a positive image of public education in Texas and provide resources for educators of all generations to connect with another and learn about TRS
- ❖ **The Lehr-Pritchard Endowment Fund** to raise funds in honor of Mike Lehr and Tom Pritchard to solidify and expand the "A Helping Hand" program, which Lehr and Pritchard fostered to success. This fund will forever secure TRTF's future as a fixture within the retired educator community.

TRTF Auction



2025-2026 AREA & NEWCOMER MEETINGS



AREA DATES

August 18, 2024
September 15, 2024
October 20, 2024
November 10, 2024
December 8, 2024
January 19, 2025
February 16, 2025
March 16, 2025
April 20, 2025
May 18, 2025

NEWCOMER DATES

NO NEWCOMERS
TUES SEPT 9
TUES OCT 14
TUES NOV 4
NO NEWCOMERS
TUES JAN 13
TUES FEB 10
NO NEWCOMERS
TUES APRIL 14
NO NEWCOMERS

Trish Jarboe <trishjarboe@hotmail.com>
Maroba Zoeller <zoellermaroba@gmail.com>

I'm a big fan of women who snort when they laugh.
Women who overshare awkward truths when the conversation stalls.
I'm a big believer in singing loudly in the car whenever possible and I love pulling alongside a fellow diva doing the same.
I'm a big fan of women who love women,
who spot loo roll on the shoes and help each other out,
when Mother Nature calls.
I'm a huge believer in comparison being the thief of joy,
that dimming someone else's light, won't ever make yours shine brighter.
I just can't get enough of those women who are unashamedly themselves, in technicolour glory.
I'm a lover of laughter and those moments when the tears start to flow, give me life.
I think the best therapy, is quality time with a friend who listens without judgement.
I'm a big fan of women who break, who share,
who rebuild each other and cheer them along the way.
I'm grateful for this world half-full of fabulous females,
I see you all.

Donna Ashworth



Here's a quick and practical cheat sheet for aging like a pro—no fads, just fundamentals that work:

Eat Smart

- **Prioritize whole foods:** Think colorful veggies, fruits, whole grains, lean proteins, and healthy fats.
- **Stay hydrated:** Water is your best friend—aim for 6–8 glasses a day.
- **Limit sugar and processed foods:** They accelerate aging and inflammation.

Move Daily

- **Walk 30 minutes a day:** Even in short bursts, it boosts heart, brain, and mood.
- **Add strength training** twice a week to preserve muscle and bone.
- **Try balance exercises** like tai chi or yoga to prevent falls.

Keep Your Mind Sharp

- **Read, learn, or play brain games:** Keeps neurons firing.
- **Practice mindfulness or meditation:** Reduces stress and supports memory.

Sleep Like It's Sacred

- **Stick to a sleep schedule:** 7–9 hours nightly is ideal.
- **Limit screens and caffeine before bed.**

Stay Social

- **Connect regularly** with friends, family, or community groups.
- **Volunteer or join clubs:** Purpose and connection are powerful anti-aging tools.

Be Proactive About Health

- **Get regular checkups:** Catch issues early.
- **Stay up to date on screenings and vaccines.**

Bonus: Stay Optimistic

- **Gratitude, laughter, and purpose** are linked to longer, healthier lives.

www.webmd.com/insights.lifemanagementsciencelabs.com

Cindy Blair, Healthy Living Chair

Cindy_blair@sbcglobal.net

KIWANIS CLUB OF ALLEN SPIRIT OF COMMUNITY

Honoring
Jim Kerr

The Kiwanis Club of Allen invites you to be part of something truly special on Thursday, August 14, 2025, as we host our annual Spirit of Community event—an evening dedicated to celebrating service, connection, and the heart of what makes Allen such a vibrant place to live, work, and serve. This uplifting gathering will bring together Kiwanis members, community leaders, local youth, and friends to honor the spirit of volunteerism and the positive impact we create when we come together with purpose. The evening will feature live entertainment, guest speakers, and recognition of an outstanding community leader. Whether you're a longtime Kiwanian or someone curious about how you can get involved, the Spirit of Community event is a great opportunity to connect, be inspired, and learn more about how Kiwanis is making a difference—one child and one act of service at a time. Let's celebrate

CELEBRATING 2025 SPIRIT OF COMMUNITY RECOGNITION

FEATURING RECIPIENT – JIM KERR
PRESENTED BY THE KIWANIS CLUB OF ALLEN



Join us for this business casual evening celebrating our 2025 Spirit of Community Award, presented by the Allen Kiwanis Club. This event set in Allen's very own Stephen G. Terrell Rec Center offering fine wine, delectable snacks, and the chance to honor a remarkable Allen citizen.

Scan QR code or access website for ticket information.

WINE DOWN WITH US

- Wine and Refreshments
- Senior Scholarship Fundraiser in honor of Jim Kerr
- Live music by Augustine Nguyen
- Enjoy friends from our Allen Community

Thursday / August 14, 2025 / 6:00pm to 8:00pm
Stephen G. Terrell Recreation Center
Cypress Lantana Room
1680 W. Exchange Parkway
Allen, TX 75013

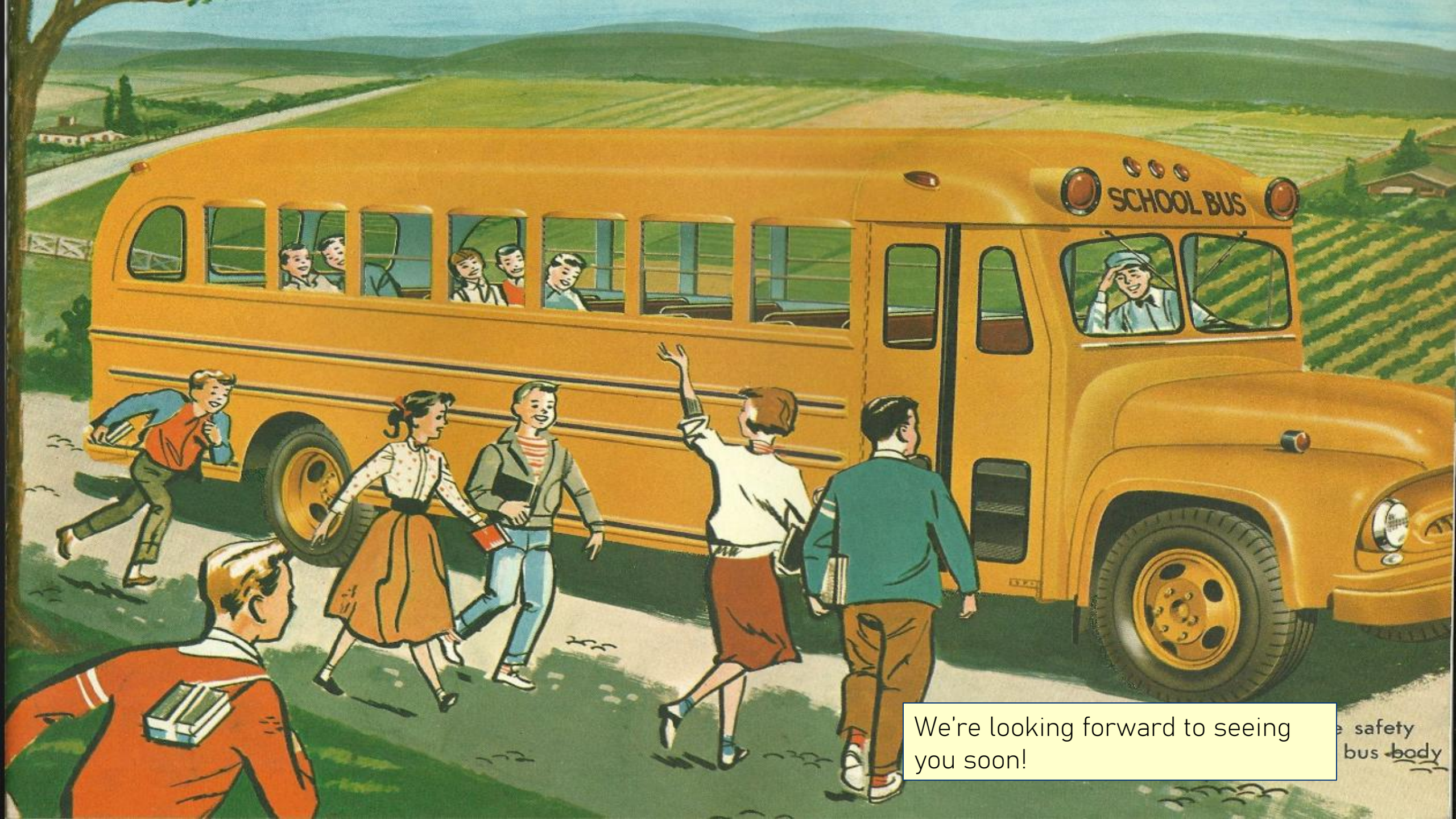


\$35 per person
Please RSVP



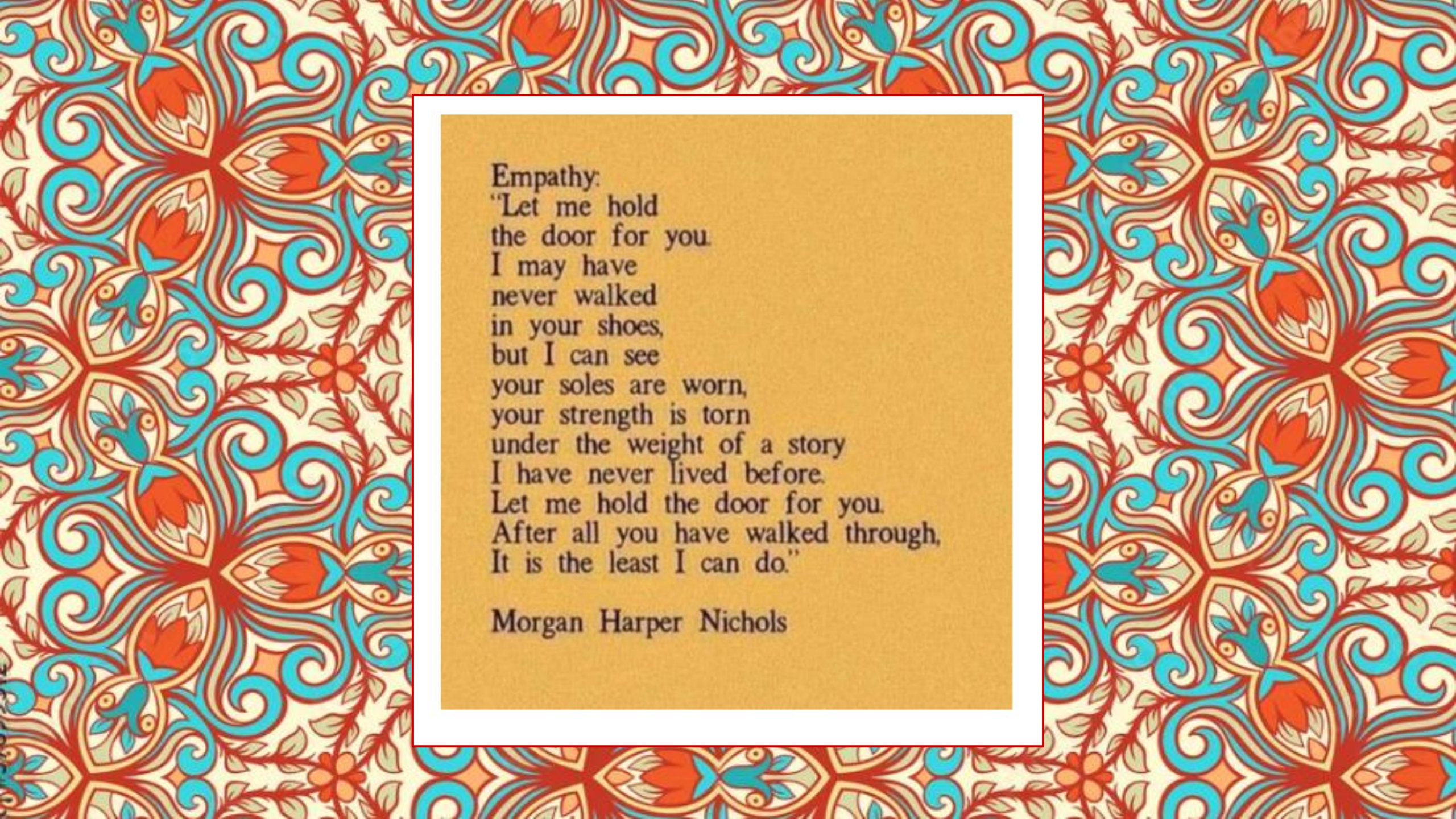
<https://www.allenkiwanis.org/spirit-of-community/>

*Wine
time*



We're looking forward to seeing you soon!

e safety
bus body



Empathy:
"Let me hold
the door for you.
I may have
never walked
in your shoes,
but I can see
your soles are worn,
your strength is torn
under the weight of a story
I have never lived before.
Let me hold the door for you.
After all you have walked through,
It is the least I can do."

Morgan Harper Nichols

And just for fun...little nostalgia and Visual reminders of our earlier years...

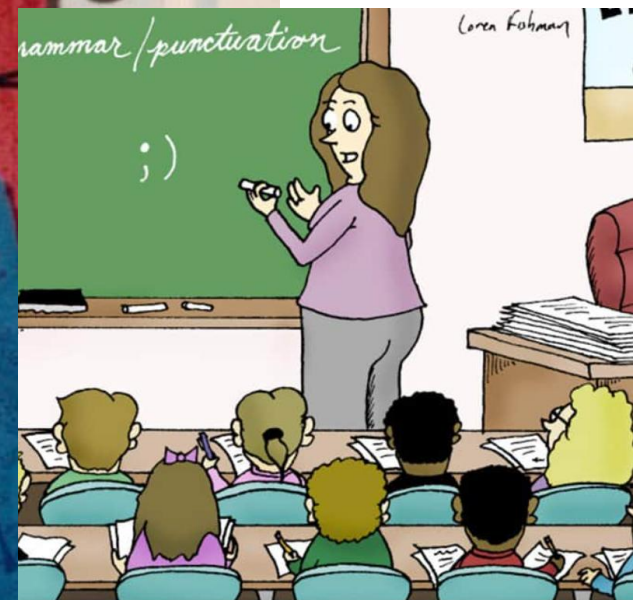
Send your
photo...



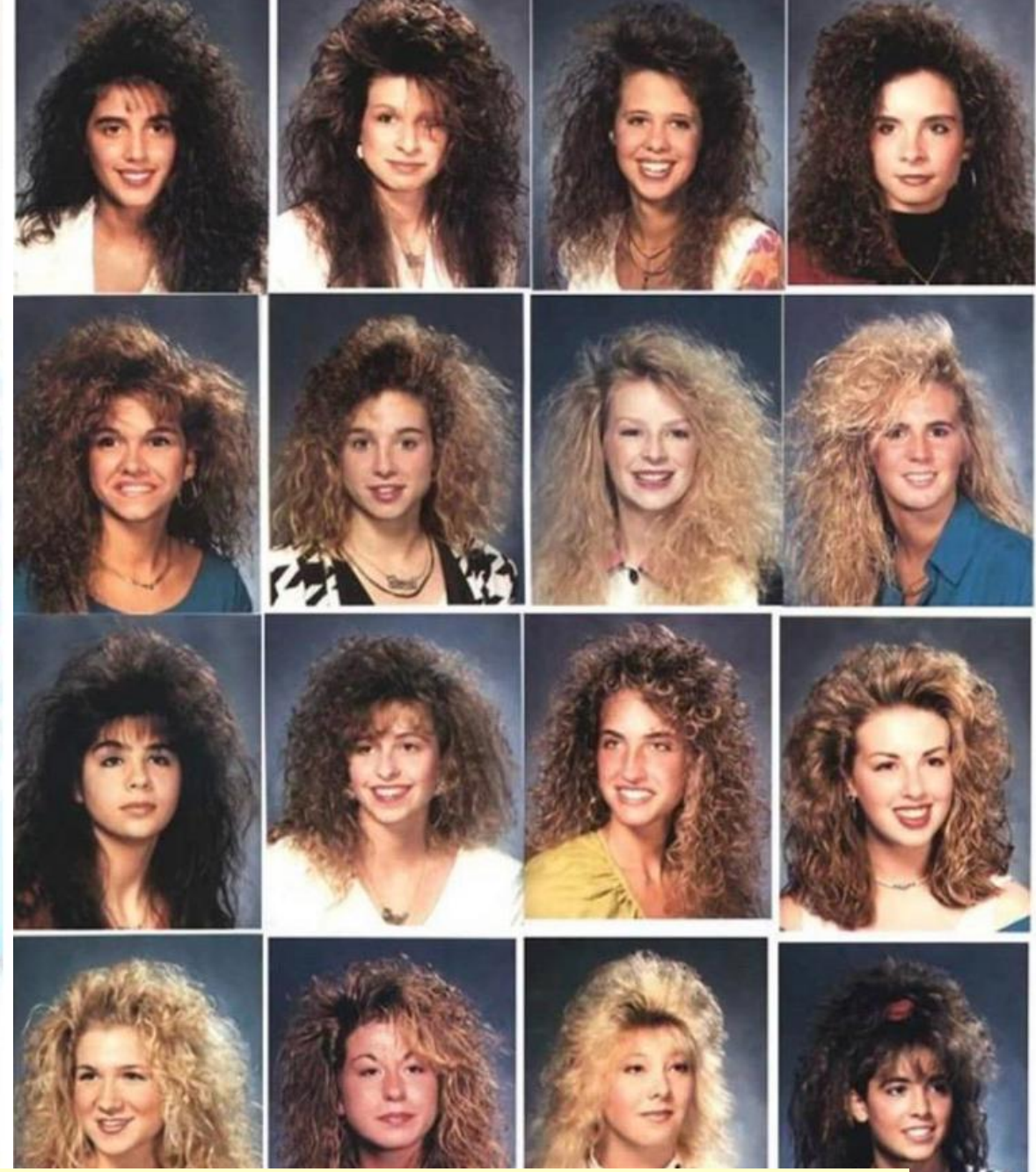
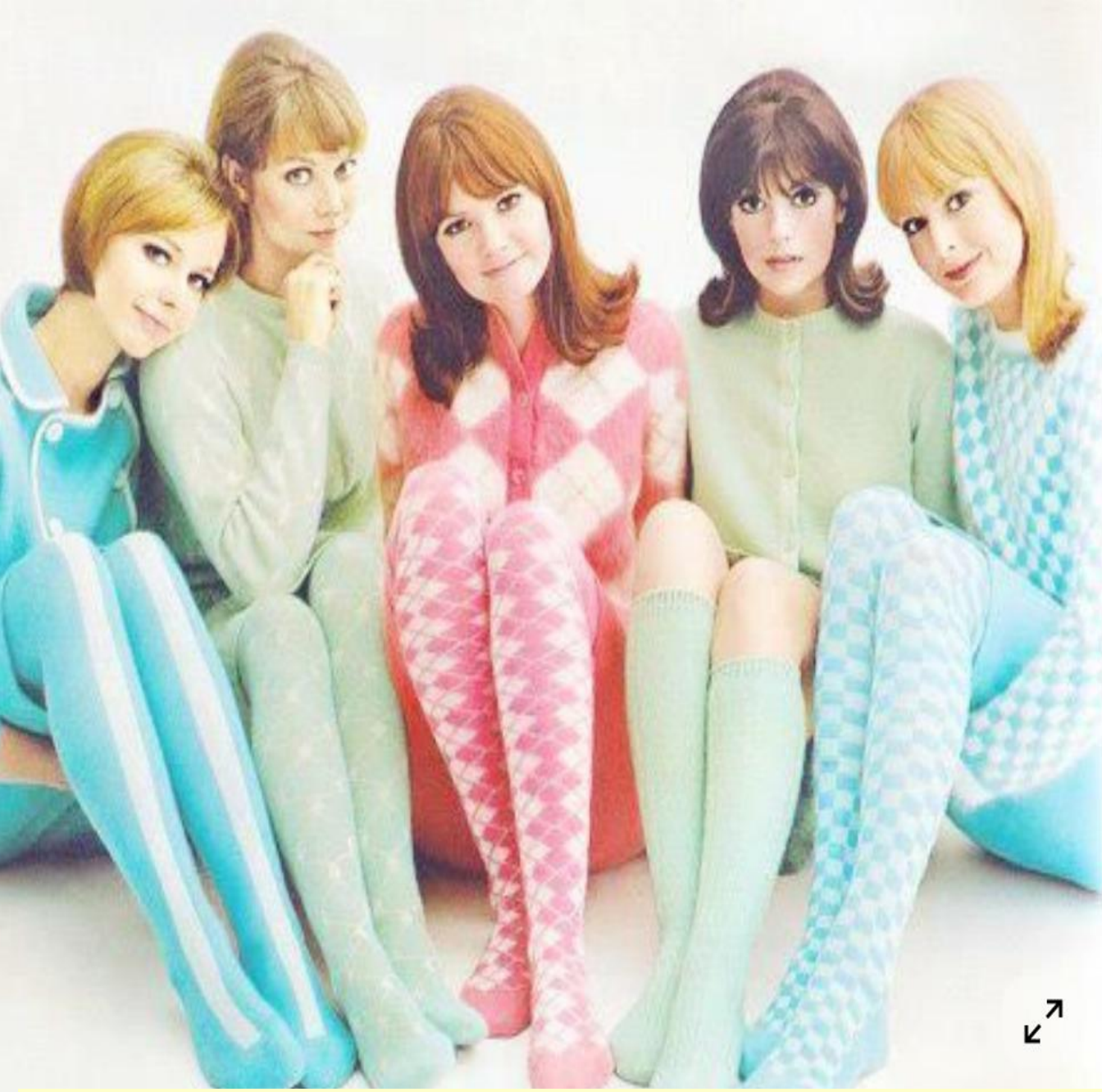
Rib-knit turtleneck Tops to wear with wide-leg Pants







"Yes, a winky face is correct... But in ancient times, the semicolon was actually used to separate archaic written devices known as 'complete sentences.'"



Do you recall fish net stockings, really big hair, rolling hair on orange juice cans, mary janes, sock hops...and??



BETSY MCCALL



Betsy's School Has an Eat-In for Unicef



Our school thinks of the best ways to make money for Unicef! One year we had a fashion show. Another year, an art show. Another time, a dog show, and was that ever fun! Guess who thought of the best idea this year—Mommy! Here was her plan—an Eat-In for Unicef, with food from all nations, cooked by the Mothers' Committee. Mrs. Nimoto is Japanese, Mrs. Heras is from Spain, Mrs. Betini is Italian, and Mrs. Andersen, Danish. And they all cooked delicious food from their countries. My mother baked loads of Southern pecan pies, Sukey's mother made Boston fish chowder, Drusilla's mother baked a Virginia ham,

and so on. It was just perfect! The huge high-school auditorium looked like a carnival, with flags and balloons and travel posters. All the mothers who owned foreign costumes wore them. The high-school girls waited on table, and the boys' glee club sang. The rest of us were in charge of handing out paper plates, and folding napkins, and collecting money—stuff like that. You could have seconds, and thirds, if you wanted them. Some people did. Anyway, it was an enormous success. We collected more than \$300 for Unicef, and you know what a load of vitamins and food and medicines —a tools and books that will buy!



Betsy's sweater and shorts, her printed smock dress, and her jumper are as bright as the autumn leaves



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Capable teachers, capable students...

Quilt Fair forms

AREA Quilt Fair 10/20/25 - Focus on Success Through Warm

Memories

Member Name:

Quilt 1

Information - Age, Pattern, Fabric, ETC

Quilter - Memories of the Quilt

Quilt 2 - Optional

Information - Age, Pattern, Fabric, ETC

Quilter - Memory of the Quilt

----- Cut on this Line and Keep the Directions -----

Participation Directions

Return Quilt Description on top of paper and Keep these Directions :)

DEADLINE TO RETURN DESCRIPTION/REGISTER IS SEPTEMBER AREA MEETING

- RSVP-Contact: donnalaster55@gmail.com 214-335-8524
- Complete the Quilt Description Form
- Deliver Quilt Description to August or September Meeting ... can also email or call for other arrangements
- 9:45-10:00 a.m. Bring your favorite quilt to display - Limit two quilts to be displayed on a chair
- 10:00-11:00 Visit & View quilts - if you like, you may stand/sit by your quilt
- 11:10 - 11:40 History of Quilts and Personal Reflections of Betty Matthew
-

Area Quilt Fair 10/20/2025 - Focus on Success Through *Warm*

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